

Sport BC Harry Jerome Comeback Award Recipient Announced

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The **Harry Jerome Comeback Award** is presented to an individual who succeeded in their sport after suffering a significant and unique setback. The award was first presented at the Athlete of the Year Awards in 1968 to Olympic bronze medalist and world record holder, Harry Jerome. To name just a few, previous recipients include inspiring athletes Karen Magnussen, Wayne Goss, Silken Laumann, Emily Brydon, Tory Nyhaug and most recently Emily Overholt.

Sport BC is pleased to announce the recipient of the **Harry Jerome Comeback Award** for his accomplishments in 2019 is Simon Fraser University football player, Stephane Tanguay. Stephane will be presented the **Harry Jerome Comeback Award** at the **Virtual 54th Annual Athlete of the Year Award** on March 25, 2021.



Simon Fraser University offensive lineman, Stephane Tanguay, is an inspiring figure for Simon Fraser University and beyond. For years Stephane battled with insomnia and depression. This started after he suffered a separated hip and a debilitating back injury causing him to miss the 2016-2017 season. During this time, he not only suffered physically, but mentally. His struggles continued and he had suicidal thoughts. Stephane suffered for a few years in this cycle and his self-worth plummeted. With the support of fiancé, Stephane had the courage to reach out for help and open up to his friends, family, and football community. This led to counselling and a return to the football field. Of his journey Stephane shares, “You realize that you are a lot stronger than you give yourself credit for. You focus on winning each day, and then you realize that there is very little you cannot overcome.”

“The Athlete of the Year Awards is a celebration of sport in our province and all of our finalists represent exceptional accomplishments in 2019. Our **Harry Jerome Comeback Award** recipient, Stephane Tanguay, is to be congratulated for his courage and strength through his journey in sport,” shares Sport BC’s President and CEO, Rob Newman. “We look forward to learning more about Stephane at the upcoming **Virtual Athlete of the Year Awards** and truly appreciate him sharing his important and inspiring story.”

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About Sport BC

Sport BC believes in the power of sport and is committed to building stronger communities through positive sport experiences. Our goal is to enhance and support sport participation in British Columbia ensuring everyone has the opportunity to thrive. Through our KidSport BC, BC Amateur Sport Fund, and ProMOTION Plus along with our services Sport BC Insurance, and Payroll and Group Benefits; Sport BC supports our sixty plus member organizations. Keep up to date @SportBC

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Athlete of the Year Awards

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