



## About the B.C. Sport Participation Program

### What is the B.C. Sport Participation Program?

The B.C. Sport Participation Program (BCSPP) brings new and expanded sport programs to schools and communities. Funded equally by the provincial and federal governments, this five-year program is investing in resource development, leader training and innovative partnerships to encourage physical activity and participation in sport.

All of the programs described below have received BCSPP program funds and bring local and affordable resources to B.C. schools and communities.

### Here is a list of programs funded in 2010 - 2011:

**RunJumpThrow** is a motor development program for children aged 6–12 years that focuses on the technical skills progressions of running, jumping and throwing. These skills provide a foundation for all land-based sports and are developed at a critical stage in motor learning. Forging unique partnerships, in 2008 RunJumpThrow partnered with BC Sports Hall of Fame and Museum to offer RJT to young captive audiences as part of the school tour groups visiting the Hall.

[www.bcathletics.org/main/rjt.htm](http://www.bcathletics.org/main/rjt.htm)

Funding amount: \$30,000

**Kids CanMove** focuses on increasing the number of children and youth who are physically active and participating in sport by introducing them to basic movement skills (physical literacy). This program includes additional activities aimed at training coaches and instructors as well as the development of educational resources.

[www.gymnastics.bc.ca](http://www.gymnastics.bc.ca)

Funding amount: \$50,000

**Playground to Fairway** is a province-wide school golf program teaching elementary school children the fundamentals of golf in a playground setting, making the sport accessible to all. The program connects schools, parents and children to the fairway with golf volunteers, specialized equipment and facilities. **Girls Golf** provides an opportunity for young girls to experience golf in a friendly sport environment that will support their self esteem and inspire participation.

[www.bcgga.org](http://www.bcgga.org)

Funding amount: \$25,000

**Fit 4 Defense** is an innovative program that addresses negative issues affecting the health and well-being of youth. The program trains instructors to teach mental and physical awareness, as well as sport and self-defence skills to boost the self-confidence and fitness levels of youth. This program has recently been recognized internationally.

[www.karatebc.org](http://www.karatebc.org)

Funding amount: \$20,000

**Bridging the Gap - Getting Physically Active** helps individuals with disabilities become reintegrated into the community. The program assists new participants regain their motivation, inspiration, independence and confidence through physical activity and involvement in sport participation opportunities. Building strong relationships with key partners, BC Wheelchair Sports works closely with GF Strong Rehab Centre, community parks and recreation centres and wheelchair sports clubs throughout British Columbia.

[www.bcwheelchairsports.com](http://www.bcwheelchairsports.com)

**Funding amount: \$30,000**

**High School Rowing League** provides technical resources, coaching support, promotional tools and safety equipment to assist schools in the development of a quality rowing league. Middle and high-school youth are offered sporting opportunities in a team environment.

[www.rowingbc.ca](http://www.rowingbc.ca)

**Funding amount: \$20,000**

**BC Blind Sport's Early Intervention Program** ensures that BC's preschool aged children who are blind or visually impaired do not sit on the sidelines, missing valuable opportunities to develop their athletic skills and lead a healthy active lifestyle. A new DVD "encouraging Physical Activity for Preschoolers with Visual Impairment: A Resource for Parents" and an Early Intervention Parent Resource Guide supports direct visits to families in their home community informs parents on available adaptations and accessible physical activity options.

[www.bcblindsports.bc.ca](http://www.bcblindsports.bc.ca)

**Funding amount; \$10,000**

**Kickin' in School** brings the healthy team play and the physical, personal and social development of the world's game to our youngest students to foster a lifelong passion for active living. Highly qualified coaching instruction is offered for elementary school students and teachers, while the leadership of BC Soccer's District Development Centres and community soccer clubs creates a structure to support ongoing participation.

[www.bcsoccer.net](http://www.bcsoccer.net)

**Funding amount: \$30,000**

**Tennis BC's School Program** and **Groovy Girlz** teach the fundamentals of tennis with play-based activities that enhance hand-eye coordination and emphasize teamwork, fair play and positive self-esteem. The School Program consists of four, two-hour lessons delivered during school hours in a gymnasium. It reached over 35,000 elementary school children in the 2010-2011 school year. **Groovy Girlz** is a free program, introducing young girls to play-based tennis activities. It is led by qualified female instructors that model and promote women's participation in the sport.

[www.tennisbcschools.com](http://www.tennisbcschools.com)

**Funding amount: \$20,000**

**Aboriginal Youth First (AYF)** will develop and deliver new and enhanced sports programming, with greater access to coaches/trainers, facilities and equipment. These activities will engage native youth in positive, healthy activities and assist them in developing and enhancing specific skills in both sport/recreation and leadership.

[www.unya.bc.ca](http://www.unya.bc.ca)

**Funding amount: \$50,000**

The **Atomic on Wheels** program brings experienced players and coaches into schools to host volleyball clinics for students and teachers. Clinics emphasize creating a positive experience for all students and provide teachers with valuable coaching training.

[www.volleyballbc.ca](http://www.volleyballbc.ca)

**Funding amount: \$20,000**

**Snowbility** supports the development of grassroots adaptive snow sports programs (alpine skiing & snowboarding) in emerging regions in the province. Snowbility will support the recruitment and training of volunteer instructors, coaches, and program coordinator's who will, in turn, support athlete development of skiers and snowboarders with disabilities. An inventory of adaptive equipment will also be built in each community to support a variety of disabilities and adaptive needs.

[www.disabledskiingbc.com](http://www.disabledskiingbc.com)

**Funding amount: \$25,000**

**BC Wrestling's Path to Success Aboriginal Program** introduces wrestling to elementary school children and also provides the means for teachers to run wrestling units independently. The program also partners with municipalities to offer community programs and summer camps. Path to Success promotes the idea that every kid can wrestle and provides an arena for improved physical fitness, self-esteem and self-image. In 2010-11 the program was enhanced to target specifically aboriginal youth populations.

[www.bcwrestling.com](http://www.bcwrestling.com)

**Funding amount: \$20,000**

The **Steve Nash Youth Basketball Program - Aboriginal Initiative**, through Basketball BC, provides coach and leadership training to support the implementation of community-based youth basketball leagues. Training includes clinics conducted by outstanding clinicians familiar with the Long Term Athlete Development (LTAD) model, and instructional manuals coaches can use daily. Where possible, there are opportunities for youth to participate and develop skills during coach and leadership training sessions.

[www.snyb.ca](http://www.snyb.ca)

**Funding amount: \$25,000**

The **Aboriginal Coaching and Athlete Development Program** introduces First Nation coaches and athletes new to the sport of lacrosse the necessary skills through development sessions and coaching certification clinics presented in communities with aboriginal populations. Supported by the learning objectives of the Aboriginal Coaching Manual (ACM), and developed with sustainability as an objective, Lacrosse Champions in their respective communities are encouraged to continue lacrosse programs after these sessions.

[www.bclacrosse.com](http://www.bclacrosse.com)

**Funding amount: \$33,000**

Softball BC's **Learn to Play** is a program that educates coaches and teachers to introduce softball to children and youth, ensuring participants of all abilities will have fun while improving fitness and developing skills.

[www.softballbc.ca](http://www.softballbc.ca)

**Funding amount: \$15,000**

**Aboriginal Coaching Manual (ACM)** education program is coordinated by CABC in collaboration with Aboriginal Sport Recreation and Physical Activity Partners Council (ASRPAPC) to ensure the aboriginal coach education and resources for teaching and coaching aboriginal participants is available to those who require or seek training.

[www.cabc.ca](http://www.cabc.ca)

**Funding amount: \$25,000**

**MoreSports' - Hub Expansion** provides participatory, fun, sustainable and inclusive community sport programs in Metro Vancouver neighbourhoods. By expanding existing programs and creating new partnerships to introduce more sports to children via central neighbourhood hubs, MoreSports is able to engage those who typically do not participate in sport or face barriers to their participation.

[www.moresports.org](http://www.moresports.org)

**Funding amount: \$30,000**

**Girls Only Programs (GO) and FAB 55** are new or enhanced recreation and sport programs tailored to meet the needs of women and girls in B.C. communities. Designed to increase participation of females in physical activity and sport, ProMOTION Plus provides incentive funding, administrative support, program expertise and resources to host communities in order for them to deliver successful Girls Only programs in a variety of sports.

[www.promotionplus.org](http://www.promotionplus.org)

**Funding amount: \$50,000**

**KidSport Aboriginal Youth Projects** is a series of sport infrastructure projects delivered in targeted aboriginal communities aimed at 1) improving sport programs by training and certifying coaches and sport leaders utilizing NCCP and ACM resources, 2) leaving an equipment legacy, 3) developing new leagues for competition, 4) establishing long term relationships with participating provincial sport organizations and local clubs, athletes and coaches in an effort to “grow the game”. Participating sports include basketball, soccer, softball, canoe kayak, curling.

[www.kidsportcanada.ca](http://www.kidsportcanada.ca)

**Funding amount: \$125,000**

**RingJammers** community gym Ringette is an innovative activity based social program developed to create an alternative stream of participation in community/school based programs with a Ringette theme. Created in consultation with More Sports, RingJammers effectively provides participation opportunities for 5-9 year olds from a wide variety of groups - low income, high risk youth, aboriginal and disability populations at the community level and after-school. RingJammers is free of charge, provides specialized equipment and qualified leaders. [www.bcringette.org](http://www.bcringette.org)

**Funding amount: \$20,000**

**The Active Start, FUNDamentals Youth Program - Sport Start** is being implementing in 15 communities across B.C. The program focus is to introduce motor skills and sport to children 11 years of age and younger who have an intellectual disability. Early introduction to motor skill development will ensure that children are prepared to move into sport specific training when they reach the age of 12.

[www.specialolympics.bc.ca](http://www.specialolympics.bc.ca)

**Funding amount: \$20,000**

SportAbility continues the momentum of the 2010 Paralympic Games in development of a **Sledge Hockey** program to bring greater awareness and opportunity through a series of introductory demonstrations in schools, community sport programs leading to the establishment of recreation and competitive programs in communities across BC.

[www.sportabilitybc.ca](http://www.sportabilitybc.ca)

**Funding amount: \$15,000**

**RBC Rider Program** is a national grassroots program designed to promote fundamentals development of young competitive snowboarders and provide experience for trained and certified officials and coaches. This program includes a full day of coaching and a fun event.

[www.bcsnowboard.com](http://www.bcsnowboard.com)

**Funding amount: \$15,000**

**Learn to Skeleton** is an introductory program aimed at youth aged 14-18 designed to provide an affordable first-time experience in the sport of skeleton.

[www.slidebc.ca](http://www.slidebc.ca)

**Funding amount: \$11,000**

**Learn to Luge School Program** is an introductory program designed to expose elementary school aged children to the sport of luge.

[www.luge.ca](http://www.luge.ca)

**Funding amount: \$9,000**

**Try Freestyle** involves having the most fun on your skis while enjoying the opportunity to enjoy moguls, bumps, jumps, terrain parks, free-skiing and rail features. Targeted communities across BC provide opportunity for full or half day sessions guided by trained Freestyle coaches.  
[www.bcfreestyle.com](http://www.bcfreestyle.com)  
**Funding amount: \$15,000**

**Whistler Olympic Park Ski S’Kool** will introduce cross-country skiing to at least two grades (Grade 3 and Grade 5/6) of students from each of the elementary schools in the Sea to Sky Corridor. This legacy program provides two-days of instruction, games and ski playground activities under the watchful eye of NCCP Community Sport trained coaches.  
[www.crosscountrybc.ca](http://www.crosscountrybc.ca)  
**Funding amount: \$15,000**

**Mobile Optimist Sailing School** takes sailing to new communities in BC, going to already established clubs where there are no activities for kids under 15 years of age. The program sets up a 1-week camp opportunity for up to 22 new kids who receive a first-time introduction by qualified coaches. Young sailors, volunteers and new coaches work together with experienced staff to give communities, clubs and sailing programs the capacity to initiate their own youth sailing program.  
[www.bcsailing.bc.ca](http://www.bcsailing.bc.ca)  
**Funding amount: \$40,000**

The **Rocks and Rings** is a national program aimed at exposing the game of curling to children and families that would otherwise not receive the opportunity, and to get youth moving during the school day. The program is offered at no charge to participating children using unique and innovative floor curling equipment guaranteed to provide a high-energy, fun-filled session learning the sport in the school’s gymnasium. The Rocks and Rings employs a delivery system aimed at over 300 school visits across the province each year.  
[www.curlbc.ca](http://www.curlbc.ca)  
**Funding amount: \$15,000**